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HOW TO APPLY IULM STYLE SHEETS TEMPLATE TO YOUR THESIS/DISSERTATION

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IULM Library
Multimedia Services

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IULM Library / Multimedia Services

COURSE CONTENTS



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- What is a Style Sheet?
- Advantage of a Style Sheet;
- Download and Installation;
- Getting started with Iulm Style Sheet Template;
- Creating a document based on the Style Sheet template;
- Applying the Style Sheet to an existing Word document;
- Generating an automatic Index/table of contents;
- Special page numbering;
- Converting your thesis to PDF;
- Other useful Word functions for your thesis;

WHAT IS A STYLE SHEET?



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- A style sheet is a predesigned thesis template based on Word styles;
- A style is a set of text formatting characteristics applied to content (chapter style, thesis body style, citation style, margins, font type, paragraph line spacing...)

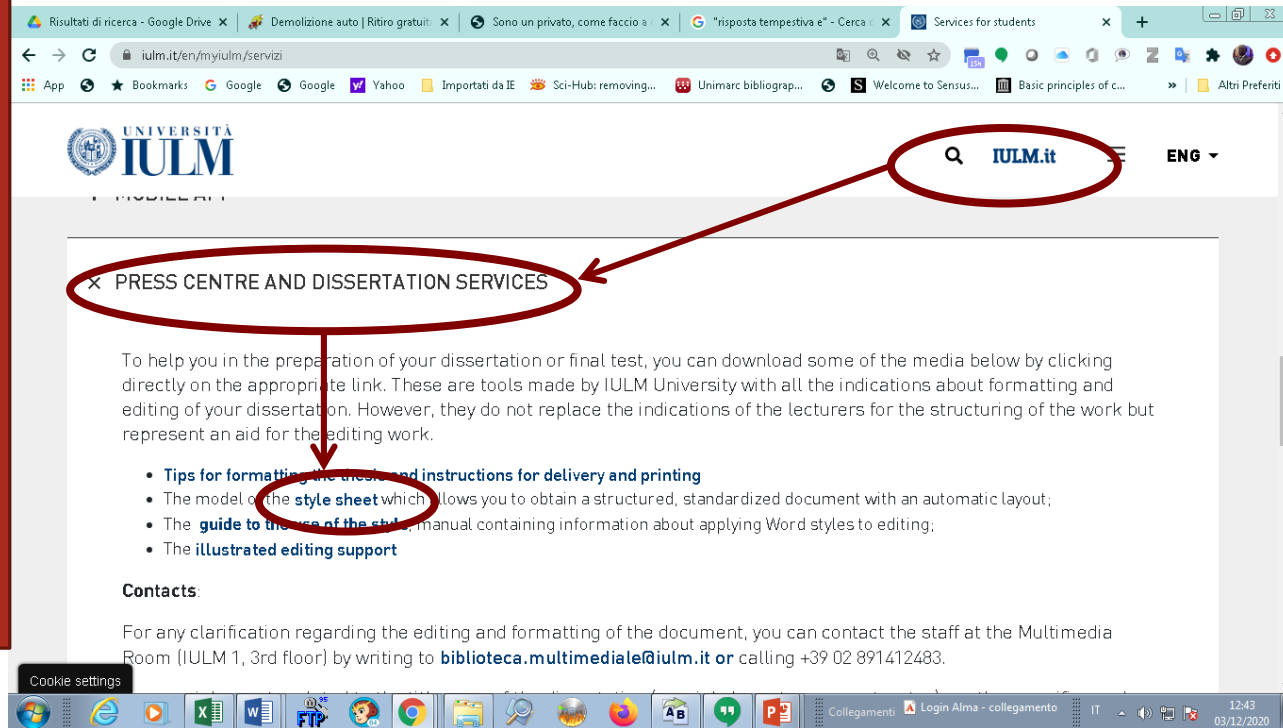
ADVANTAGES OF USING IULM STYLE SHEETS



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- Iulm thesis formatting template provides built-in formatting for text and heading styles, margin settings, section breaks and page numbering, and place-holders for automatically generated table of contents, lists of figures, tables and plates...
- Iulm Style Sheet is the great way to save time and create consistent Office documents: using styles to format your thesis so you can quickly and easily apply a set of formatting choices consistently throughout your document.

- Connect to Iulm **Website Digger**;
- Then click «MyIulm» / **Services for students / Press centre and dissertation services**
- And Download Iulm Style Sheet template



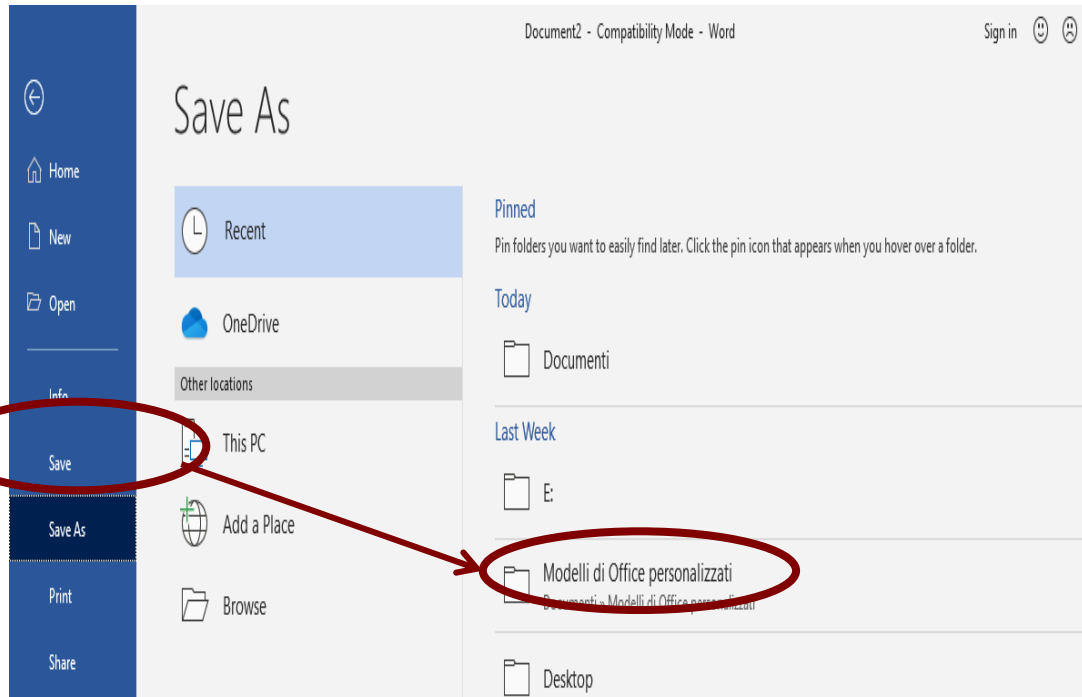
The screenshot shows a web browser window with the URL iulm.it/en/myiulm/servizi. The page header includes the IULM logo and a search bar containing 'IULM.it'. The main content area is titled 'PRESS CENTRE AND DISSERTATION SERVICES'. Below the title, there is a paragraph of text and a bulleted list of resources. The list includes 'Tips for formatting the document and instructions for delivery and printing', 'The model of the **style sheet** which allows you to obtain a structured, standardized document with an automatic layout;', 'The **guide to the use of the style**, manual containing information about applying Word styles to editing;', and 'The **illustrated editing support**'. A red circle highlights the 'style sheet' link, and a red arrow points from the search bar to this link. The footer of the page provides contact information for the Multimedia Room.

Cookie settings

Collegamenti Login Alma - collegamento IT 12:43 03/12/2020

GETTING STARTED WITH THE STYLE SHEET TEMPLATE DOWNLOAD

Open and Save the stylesheet as a Word template in a folder on your computer (preferably in **Templates)**



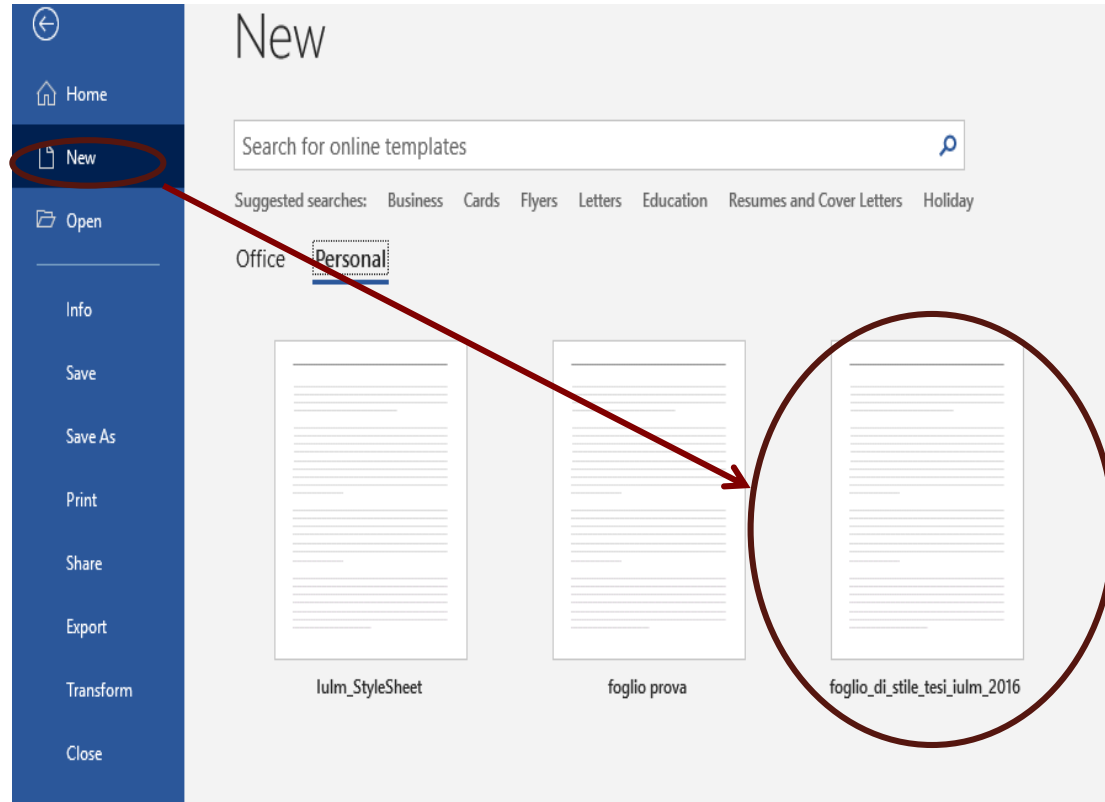
CREATING A DOCUMENT BASED ON IULM STYLE SHEET



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Click on **File**, then
click on **New**:

➤ Under
Templates click
New from
Personal and
Select **Iulm
Stylesheet**
(format **.dot**)



APPLYING THE IULM STYLE SHEET TO AN EXISTING DOCUMENT

PREVIOUS VERSIONS OF WORD 2007 AND WORD ON MAC

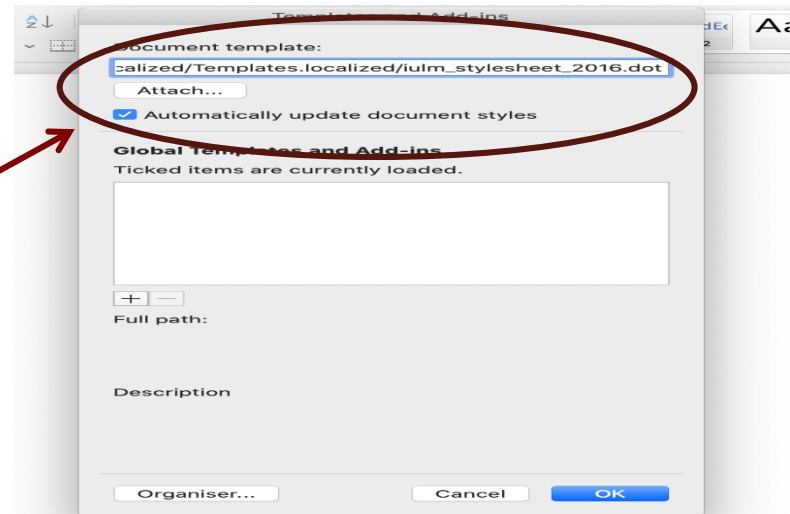
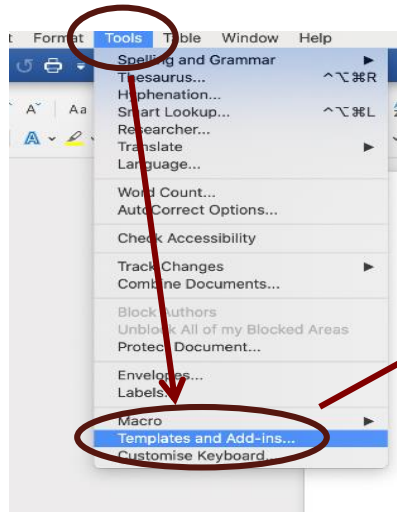
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If you have already started writing your thesis, you can still apply the style sheet to your document, proceeding as follows:



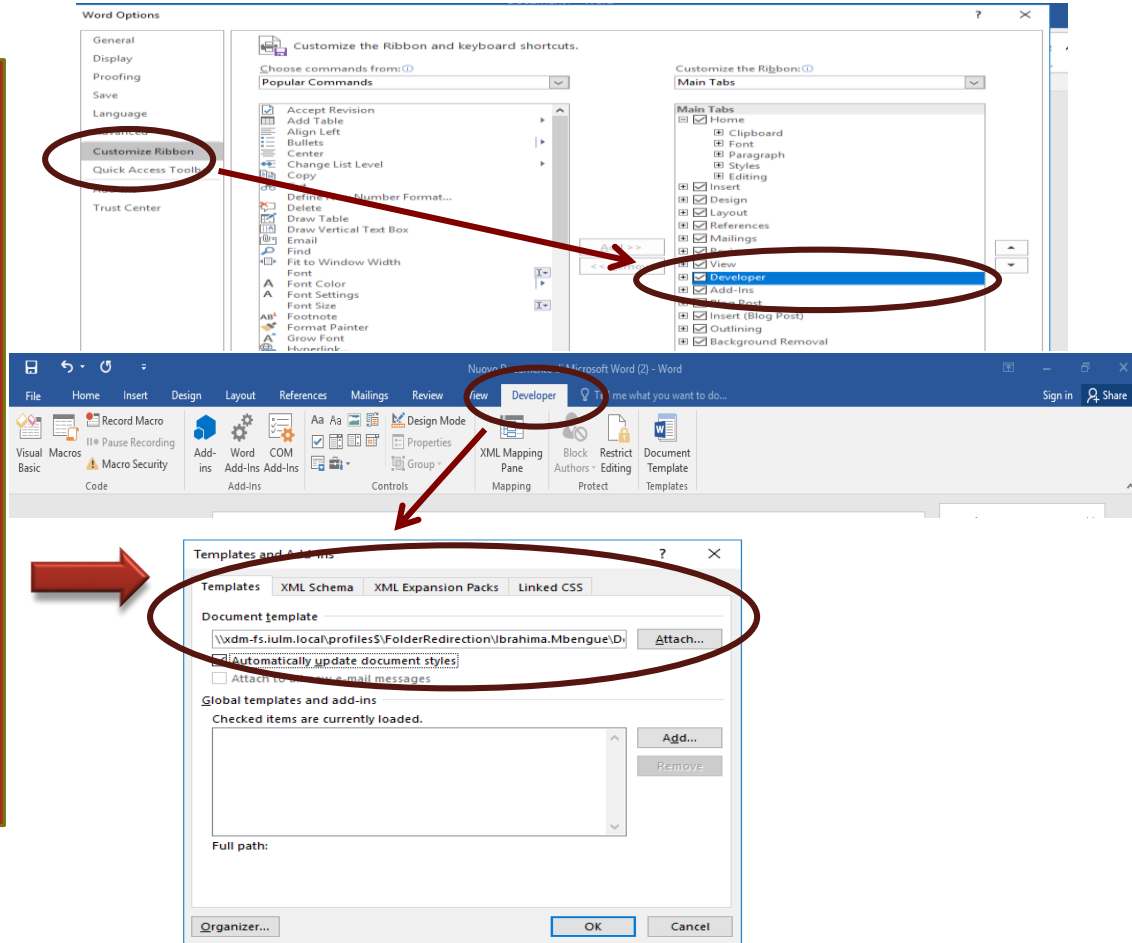
- Click tools, templates and Add-Ins
- Select **Attach**;
- Open **Iulm Style Sheet**, click **Open** and Insert a checkmark in the box «**Automatically update styles**» to apply Iulm Style Sheet to your file





APPLYING IULM STYLE SHEET TO AN EXISTING TEMPLATE WORD 2007 AND LATER VERSIONS

- Enable «Show Developer» Tab (Word Customer Ribbon Bar);
- Click on **Developer**
- Select **tools, templates and additions**;
- Click on **Attach**;
- Open the desired template and click **Open**;
- Enter a checkmark in the box «**Automatically update styles**» to apply Iulm Style Sheet to your file

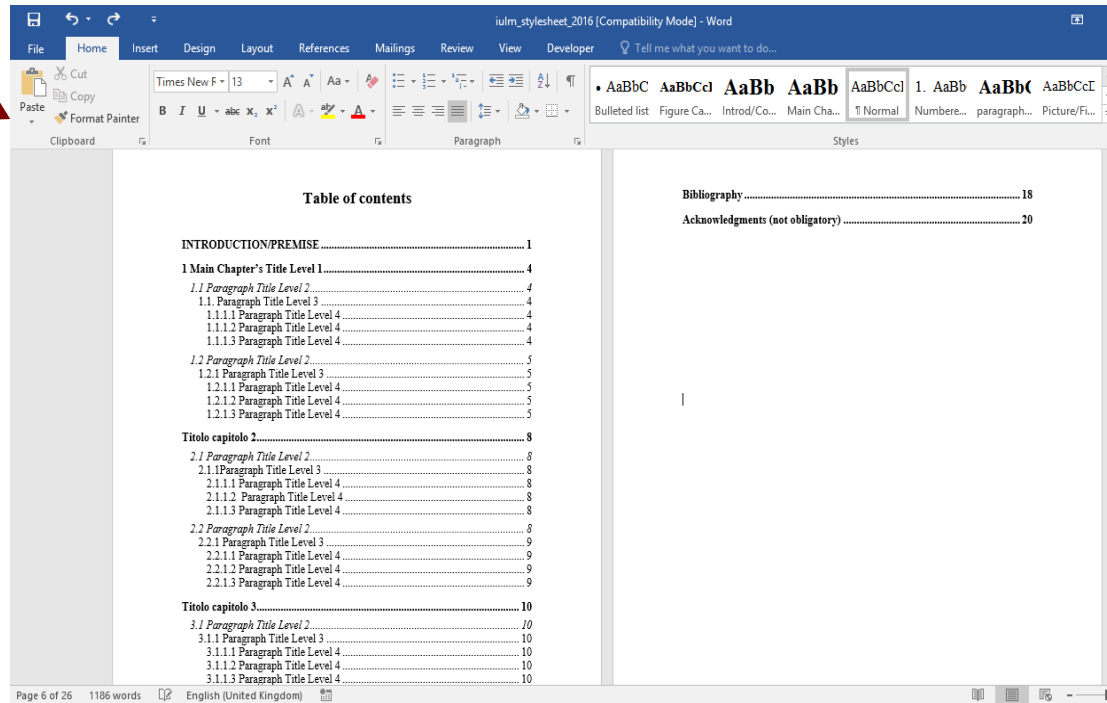




STARTING WITH IULM STYLE SHEET DISPLAYING AND SAVING THE FILE

Layout model

Assign a name (Student ID Number - First Name Last Name) to the new template

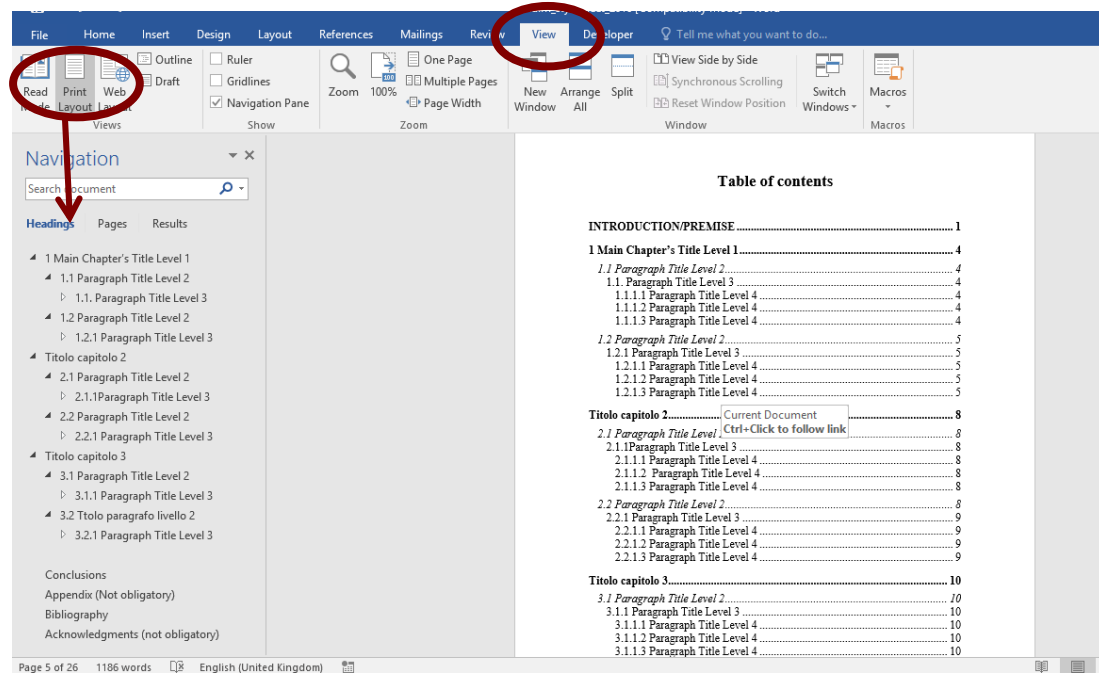


STARTING WITH IULM STYLE SHEET

OPENING AND SAVING THE FILE

The Navigation Pane lets you navigate through your document without scrolling

click the View tab in the Ribbon Bar





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STARTING WITH IULM STYLE SHEET

DISPLAYING HEADING STYLES AND PARAGRAPHS

The **Style group** on the **Home tab** (right side of the screen) allows you to start editing or creating styles

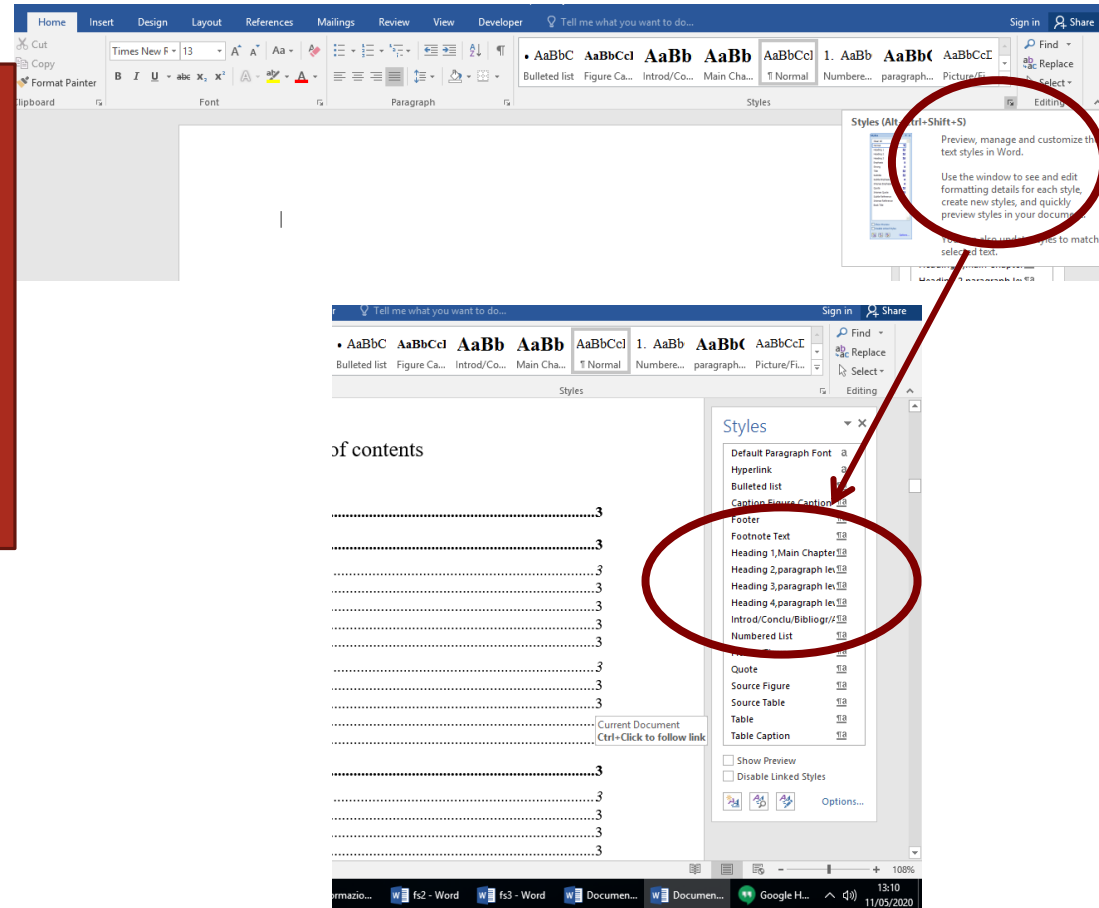
The screenshot shows two instances of Microsoft Word. The top instance shows the 'Styles' task pane on the right side of the ribbon, which is circled in red. The bottom instance shows a document with a 'Table of contents' and a 'Styles' task pane on the right. The 'Styles' pane in the bottom instance is also circled in red, and a red arrow points from the top instance's pane to this one. The 'Styles' pane lists various styles, with 'Heading 1, Main Chapter' and 'Heading 2, paragraph level' circled in red. The 'Table of contents' in the document lists various sections and their page numbers, including 'INTRODUCTION/PREMISE', '1 Main Chapter's Title Level 1', and 'Titolo capitolo 2'.



STYLES CUSTOMIZATION AND APPLICATION

Each style has a name, for example:

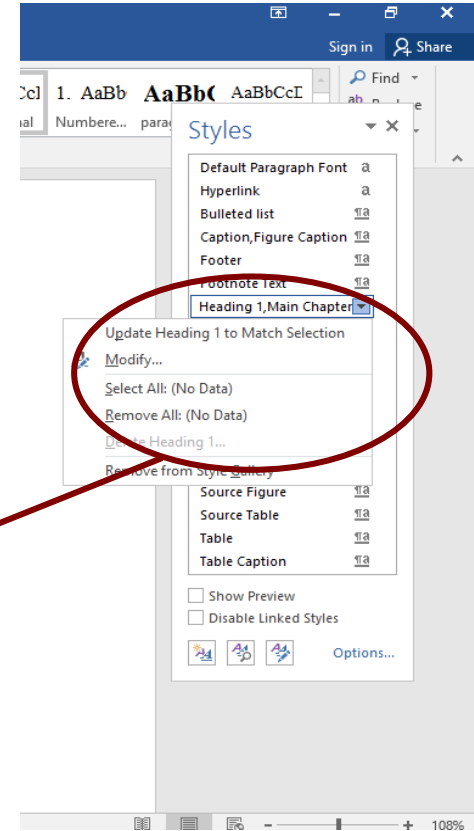
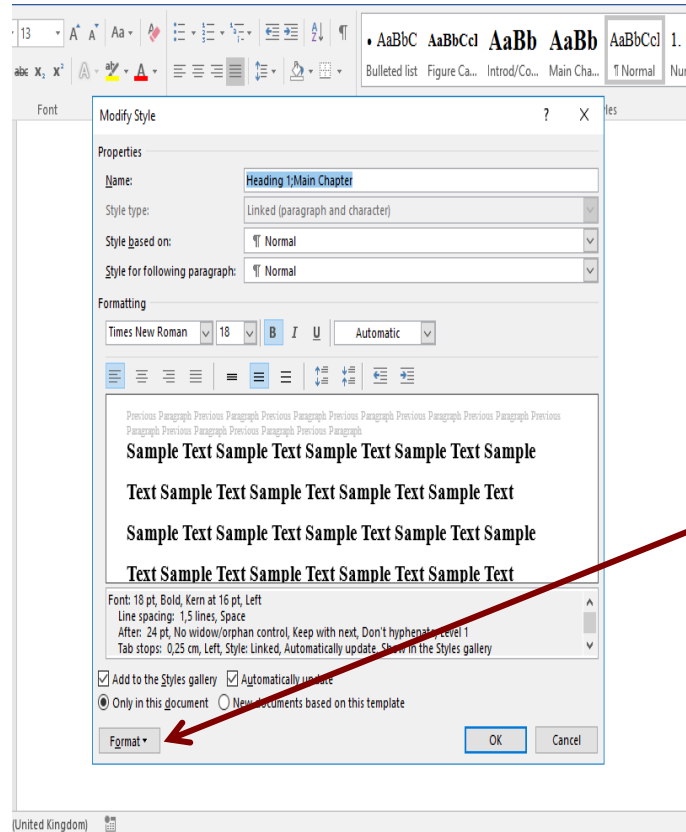
- Titles introd/conclu/bibliogr/acknow.
- Title 1; Main chapter
- Title 2; paragraph level 2
- Title 3; paragraph level 3
- Title 4; paragraph level 4
- Thesis body
- Caption; Figure Caption
- Figure



STYLES CUSTOMIZATION AND APPLICATION



To modify indents, paragraph spacing and other attributes, choose Format popup menu and click the name of desired style, use the pop-up menu to select the options, then click OK.

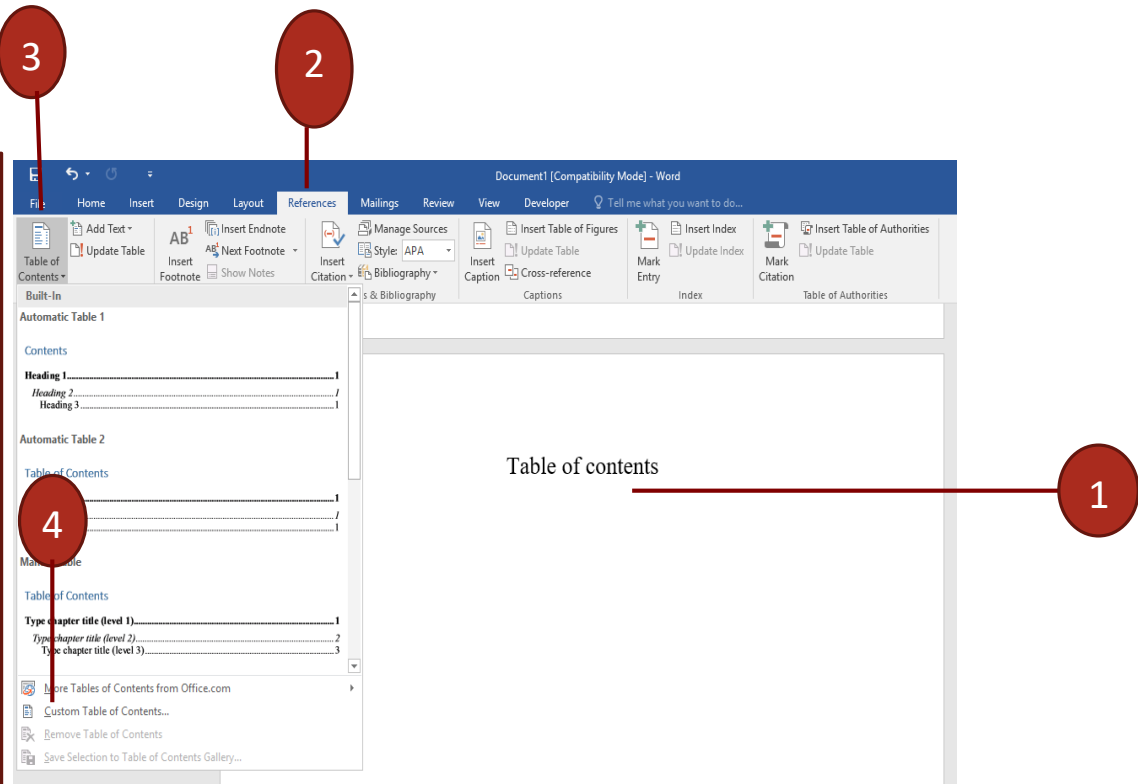




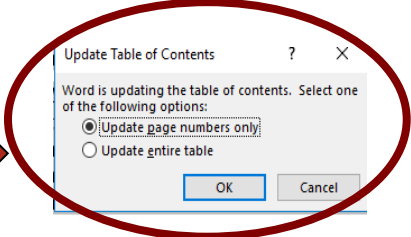
HOW TO INSERT OR TO MODIFY INDEX/TABLE OF CONTENTS THISIS TABLE OF CONTENTS

You can insert an automatic table of contents according to the previous procedure (customization - application styles). Perform the following operations:

1. Place the cursor under **Index/Table of contents**;
2. Click the **References** tab
3. Then on **Table of contents**
4. Choose **Insert Table of contents** then define **desired format, layers and options**.



For further details: Updating Table of Contents > In the **Table of Contents** group of the **References** tab click **Refresh Table of Contents** then **Refresh Page Numbers** or **Full Table of Contents**





HOW TO INSERT OR TO MODIFY INDEX/TABLE OF CONTENTS

INDEX (EX.: GLOSSARY FOR THE SCIENTIFIC TRANSLATION COURSE)

The analytical index contains the list of relevant words that recur in the text, with the corresponding page number. This index is very useful in the context of degree courses in Interpreting and communication / Specialised translation and conference interpreting



ANALYTICAL INDEX

ENGLISH ANALYTICAL INDEX

Lemma	Pagina
4C's	117
Abraded culet	251
Abrasion	253
Absorption spectrum	59
Allotrope of carbon	60
Alluvial mine	19
Angelina cut	157
Annealing	319
Appraisal	119
Asscher cut	159
Baguette cut	161
Baguillon cut	163
Barocut cut	165
Bearding	254
Bevel cut	167
Bezel facet	81
Big Hole	21
Black diamond	337
Black inclusions	256
Blennish	258

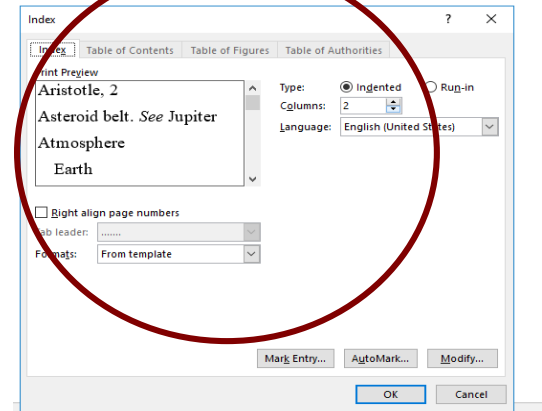
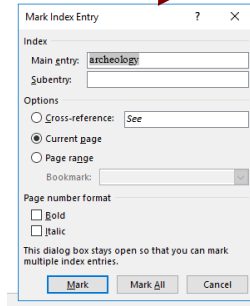
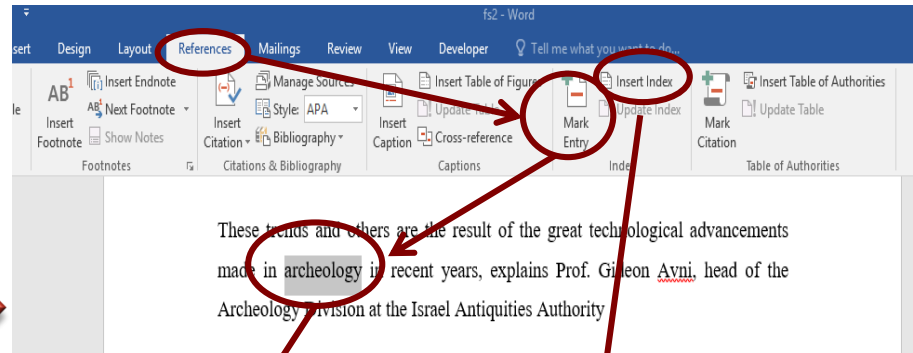


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HOW TO INSERT OR TO MODIFY INDEX/TABLE OF CONTENTS ANALYTICAL INDEX

- in the Index group of the References tab click Mark Entry or Mark All for all similar entries;
- Type or edit the customizable item then enter a secondary or cross entry according to your needs;



- Place on the page where you want to insert the index;
- Click **Insert Index** and follow the guided procedure (next options)

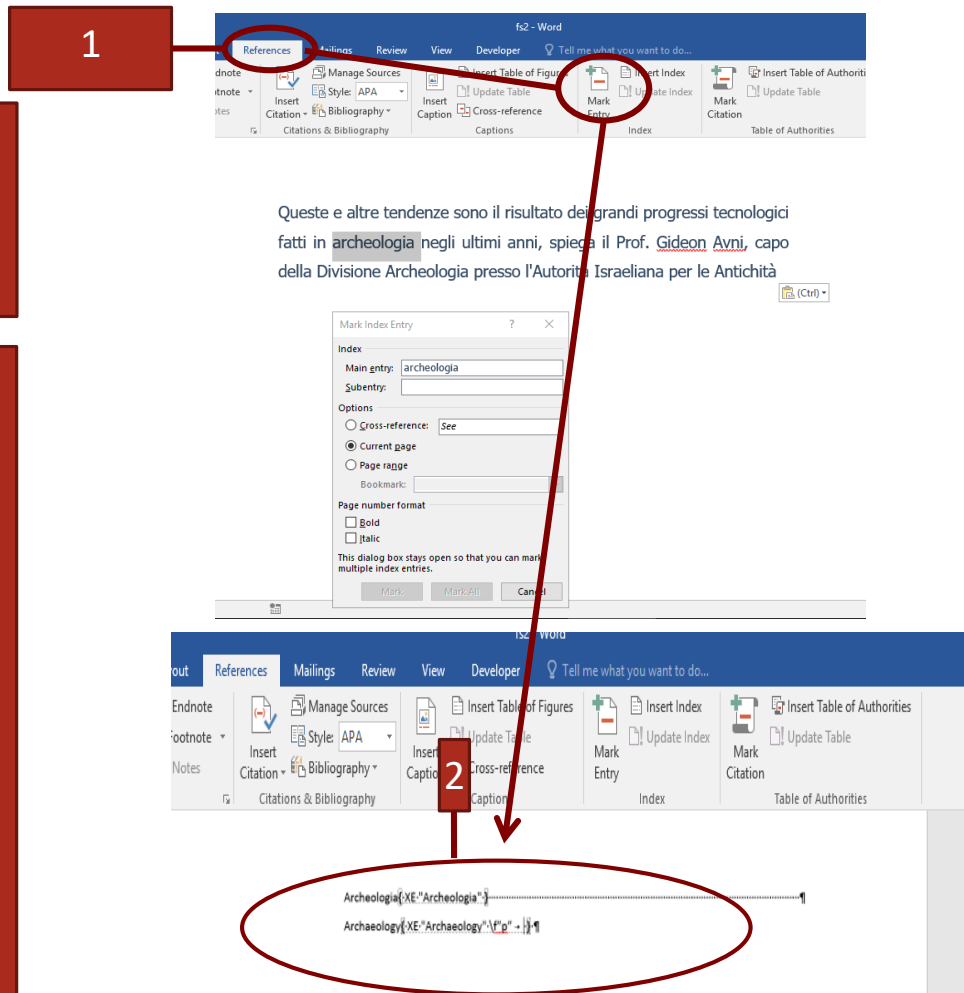


HOW TO INSERT OR TO MODIFY INDEX/TABLE OF CONTENTS

ANALYTICAL INDEX (Second Index)

When inserting a second index, Word replaces the first index with the new one ... unless the following solution is resorted to :

1. Select the **words** and click on **References group, Mark entry** tab then on ok. Word adds a field named XE (If the XE field is not displayed, click Show/Hide in the Paragraph group on the Home tab to activate it)
2. Add the parameter “f” to the XE field, then choose a unique letter, for ex. “ p ” (The second index will be created on the basis of letter “ p ” ex. { XE “ archaeology ” \f “p” }



1

2

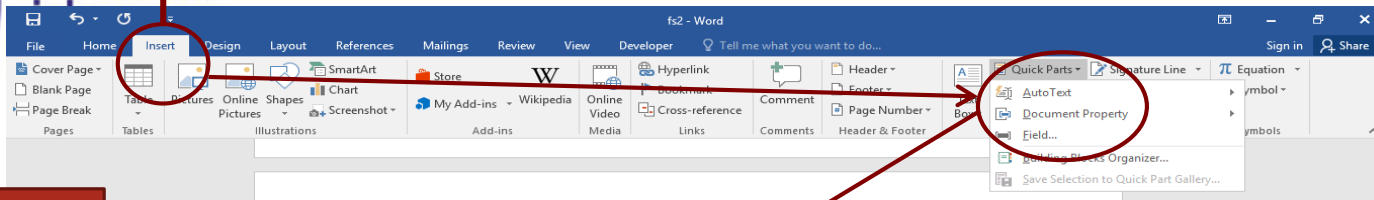
Queste e altre tendenze sono il risultato dei grandi progressi tecnologici fatti in archeologia negli ultimi anni, spiega il Prof. [Gideon Avni](#), capo della Divisione Archeologia presso l'Autorità Israeliana per le Antichità

Archeologia{ XE "Archeologia" }

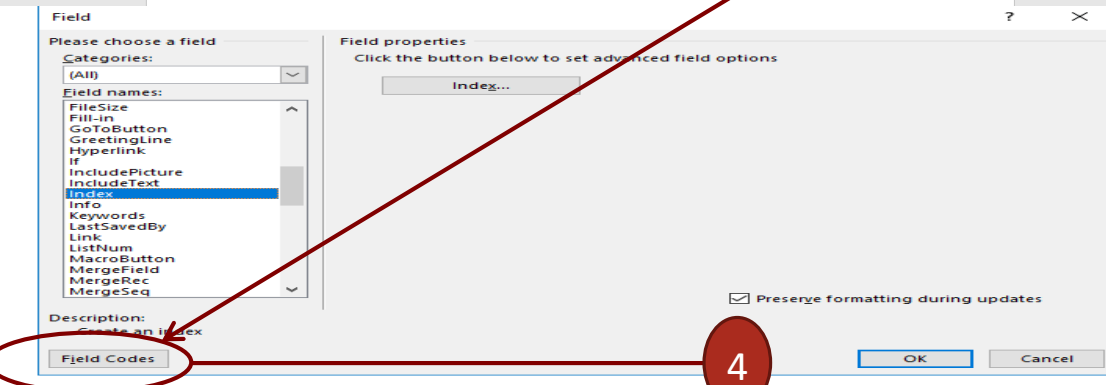
Archeology{ XE "Archeology" \f "p" }



3 HOW TO INSERT OR TO MODIFY INDEX/TABLE OF CONTENTS ANALYTICAL INDEX (Second Index)



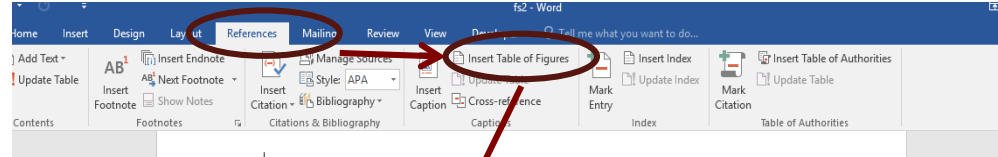
- 3. Proceed as follows: Enter > Quick Parts > Field > Index; field code;
- 4. Click on Field codes;
- 5. Enter the following parameters: INDEX f «p», and then on ok



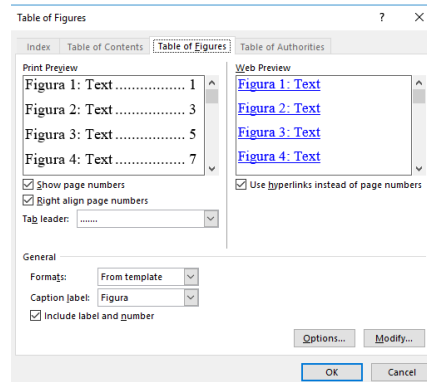


HOW TO INSERT OR TO MODIFY INDEX/TABLE OF CONTENTS TABLE OF FIGURES

Before creating an Index of figures, it is essential to add **captions** to all the figures and tables that you want included in your **Table of Figures**
For more information, see [Insert/fix images in Word](#)



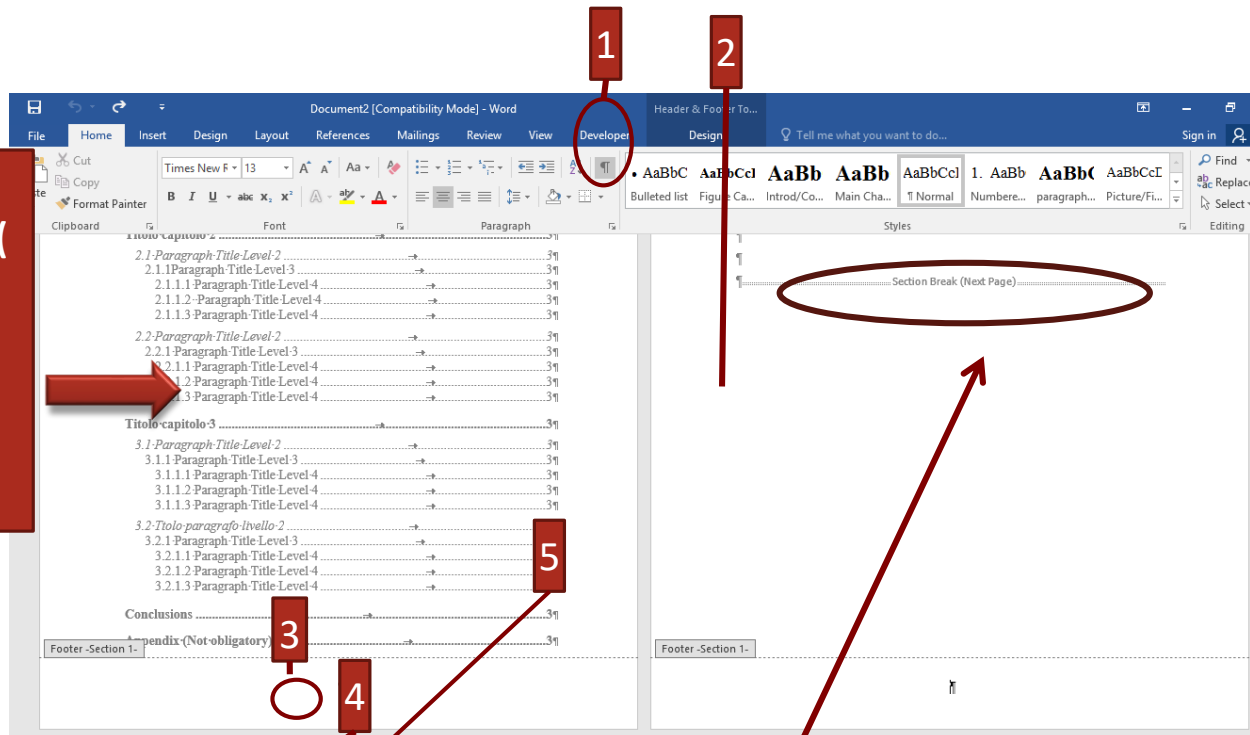
- Click on the page where you want to insert the index;
- In the **Index** group of the **References** tab click **Insert Table of Figures**;



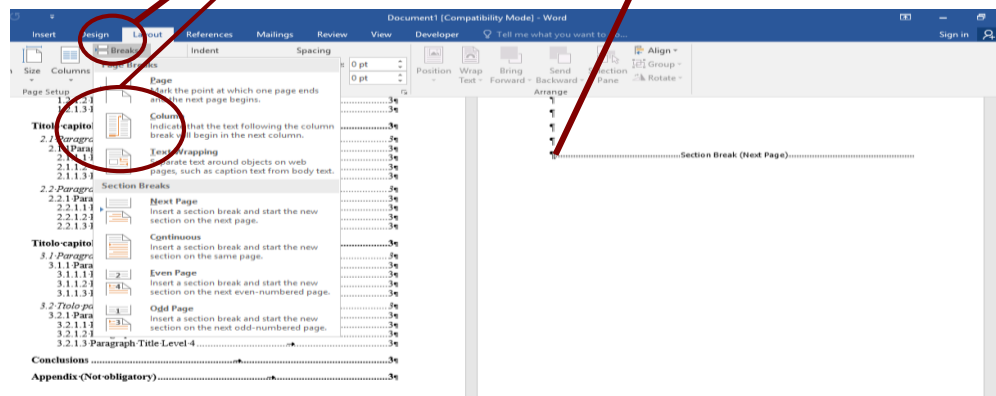
SPECIAL PAGES NUMBERING

STARTING PAGE NUMBERS FROM THE INTRODUCTION

1. In the Paragraph group of the Home tab choose Show/Hide () to enable the display of formatting marks.
2. Place with the cursor at the end of the page preceding the introduction;



3. Layout Group
4. Breaks
5. Section breaks, then next page



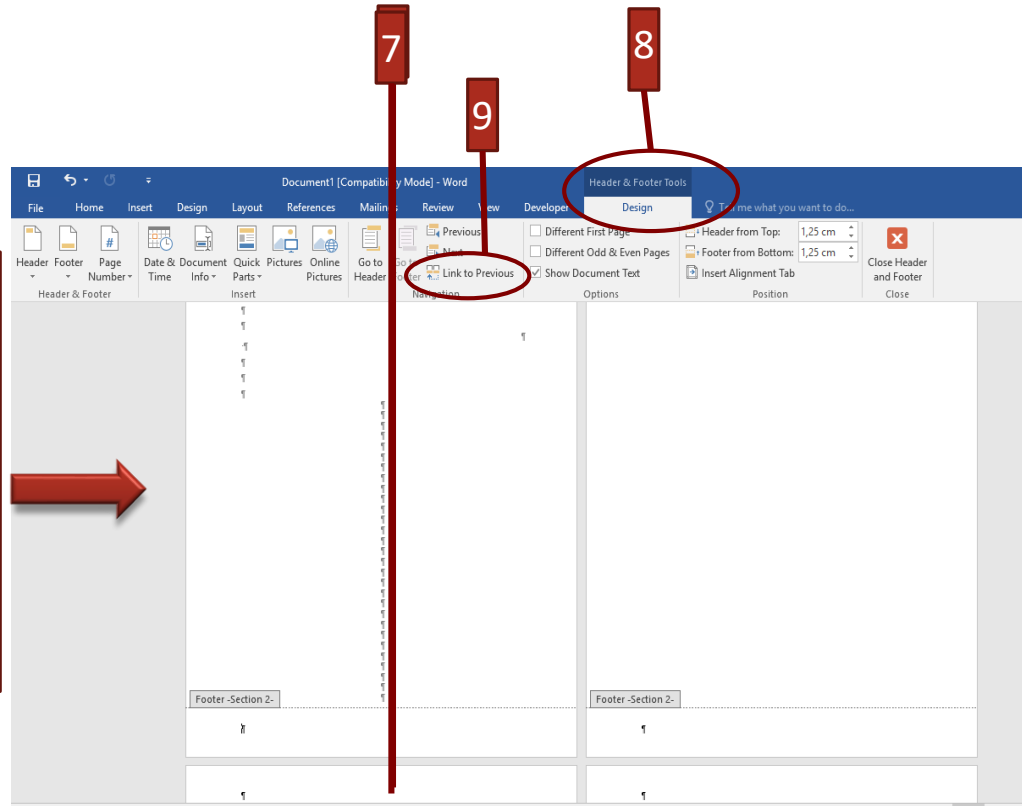


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SPECIAL PAGES NUMBERING

STARTING PAGE NUMBERS FROM THE INTRODUCTION

7. Open the **footer** by double clicking on the bottom of the **page hosting** the introduction.
8. The Design option in Header and Footer **Tools** will be opened ;
9. Disable **Link to Previous**



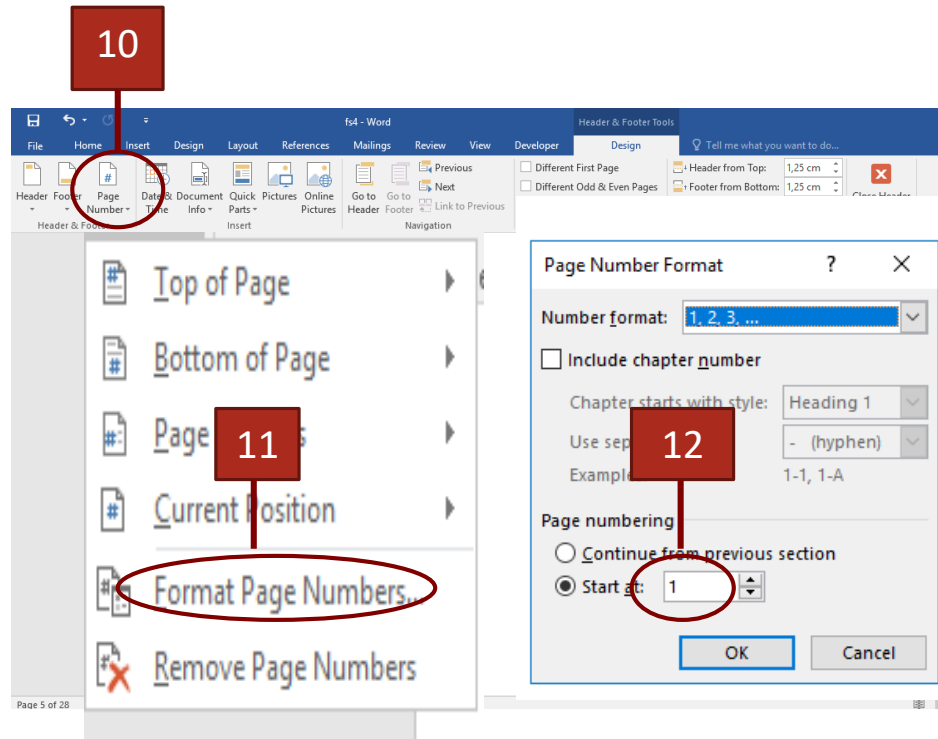
SPECIAL PAGES NUMBERING

STARTING PAGE NUMBERS FROM THE INTRODUCTION



10

10. Click on the 'Page number' button
11. Then on **Format page numbers**;
12. Enter the number **1** in **Start at** and confirm the operation by clicking on **OK**





SPECIAL PAGE NUMBERING

HOW TO REMOVE NUMBERS FROM BLANK PAGES

Repeat the procedure, slide 21 to 23, by inserting both a section break at the end of the chapter and in the blank page, then proceed as follows:

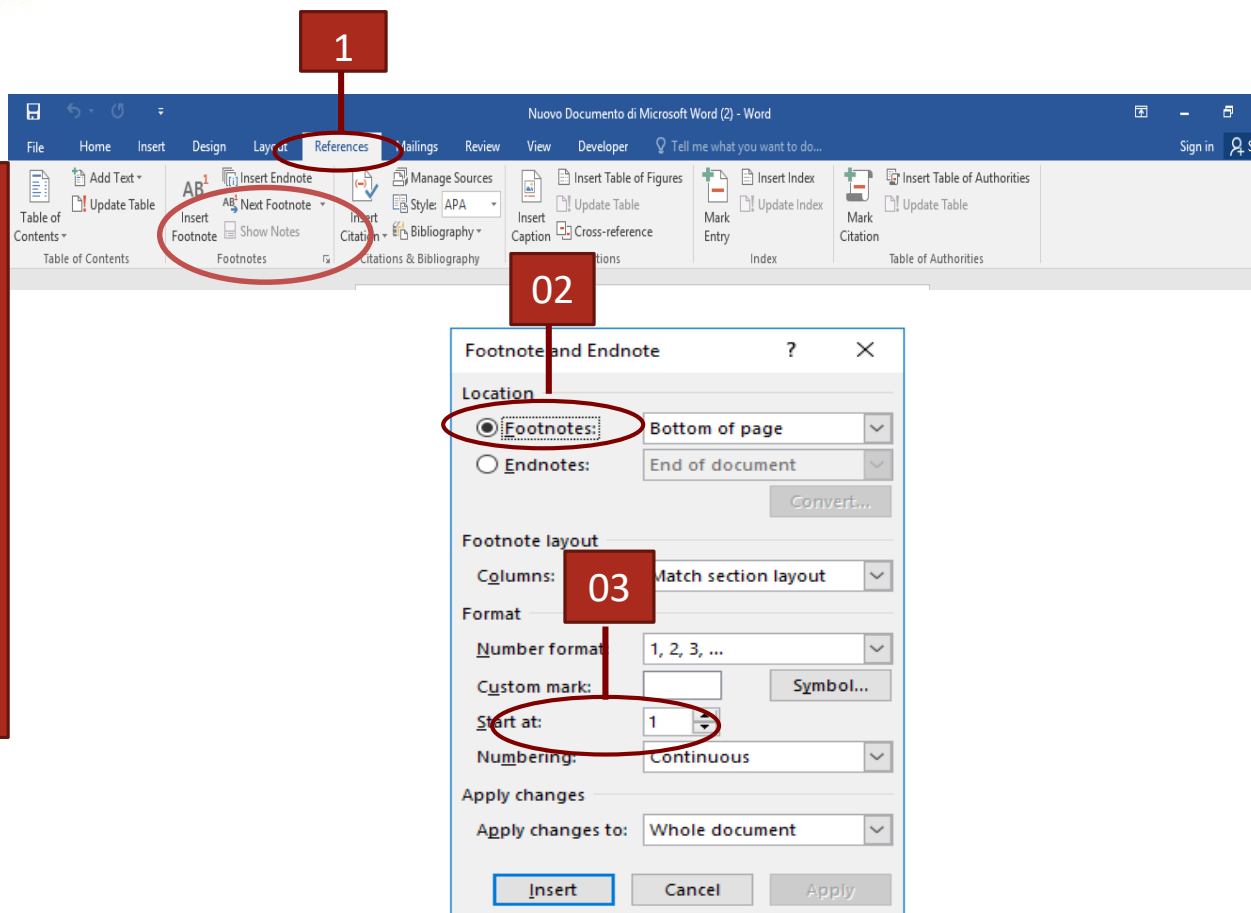
1. Select «continue from the previous section» and confirm the operation by clicking on OK
2. Then remove the number from the blank page

The screenshot shows a Microsoft Word document with a 'Page Number Format' dialog box open. The dialog box has 'Number format' set to '1, 2, 3, ...'. The 'Page numbering' section has the radio button for 'Continue from previous section' selected and circled in red. A red box with the number '1' points to the 'Continue from previous section' option. Below the dialog box, two red ovals highlight 'Section Break (Next Page)' markers in the document. A red box with the number '2' points to the second 'Section Break (Next Page)' marker. The document content includes a figure, a table, and footers labeled 'Footer -Section 2-' and 'Footer -Section 3-'. The top status bar shows 'dates for urrice are ready to be installato, but first we need to close some apps.' and 'update now'.

OTHER USEFUL FUNCTIONS OF WORD

FOOTNOTES

1. Click «References tab»
2. Then on Footnotes and select button Insert footnote ;
3. At the bottom of the page indicate the sequence number of the note



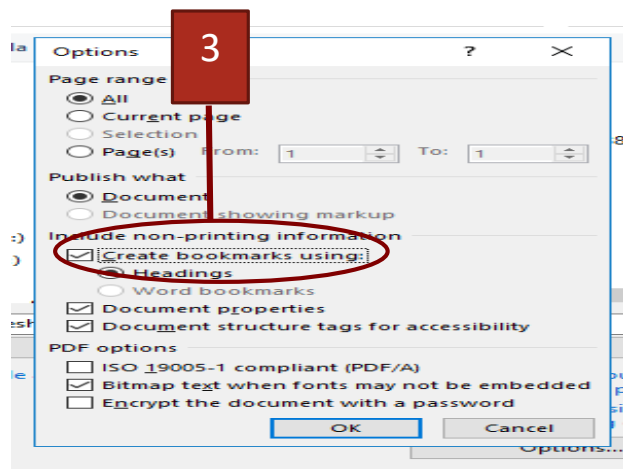
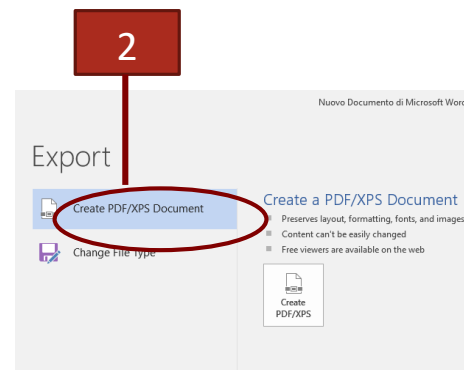
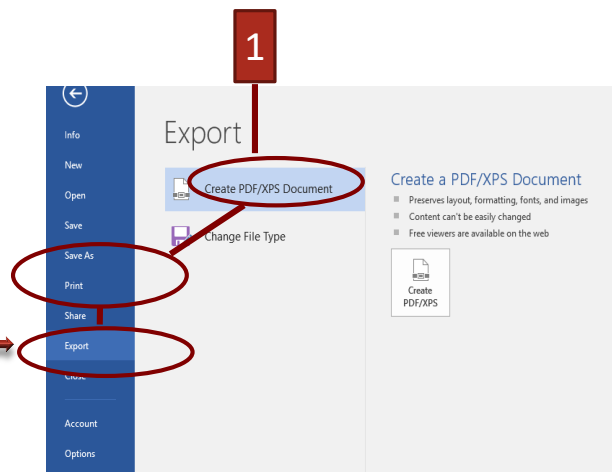


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HOW TO CONVERT YOUR THESIS TO PDF WORD 2007 AND LATER VERSIONS

From Word 2007 and above:

1. Click on the File Menu **and** select
2. **Export or Save As** (Student ID Number_Name_Surname);
3. Click the Options button and enable **Create Bookmarks**



HOW TO CONVERT YOUR THESIS TO PDF WORD VERSIONS PREVIOUS TO WORD 2007

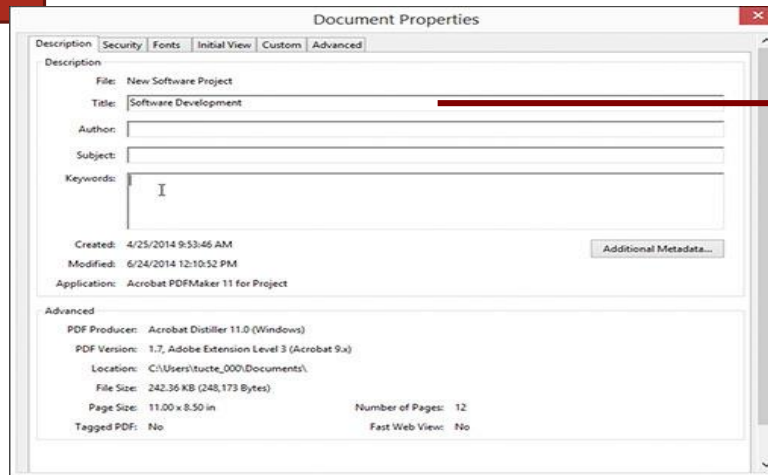
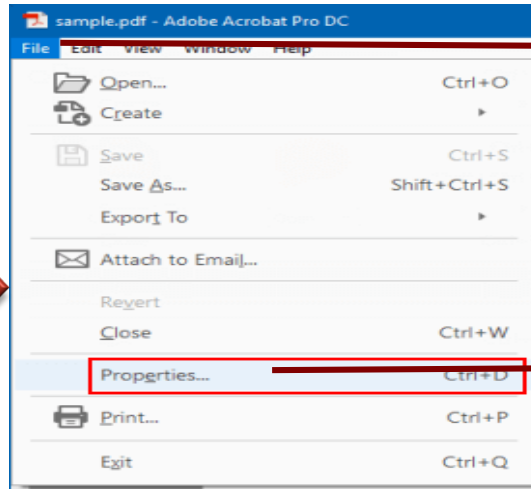
If you don't have the PDF option enabled in Microsoft Word 2007 or later versions:

1. download and install **PDF Creator** from this link: <https://sourceforge.net/projects/pdfcreator/>
2. **File/Print**
3. Select **PDF Creator**
4. Select **High quality**.



HOW TO CONVERT YOUR THESIS TO PDF FINAL PDF METADATA

1. Click on **File**
2. Then on **Property**
3. Click on a tab in the Description document dialog box and **enter title, author, subject and keywords**





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HOW TO BURN YOUR FINAL PDF TO CD (WINDOWS 10)

1. Insert the blank CD into the CD player/burner
2. Insert the flash drive into the appropriate usb output



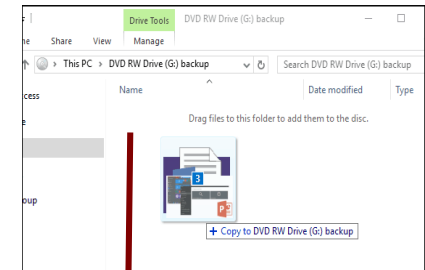
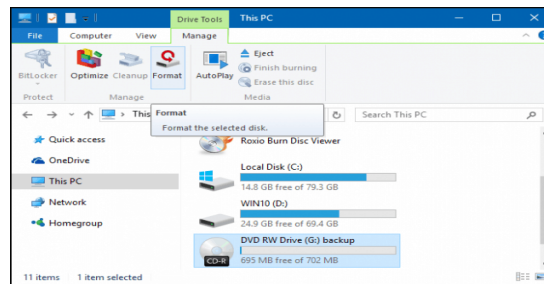
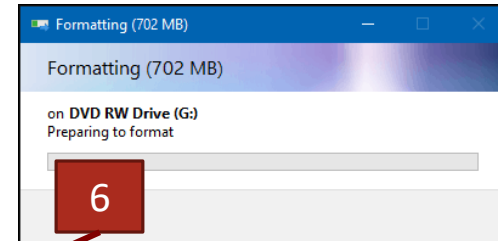
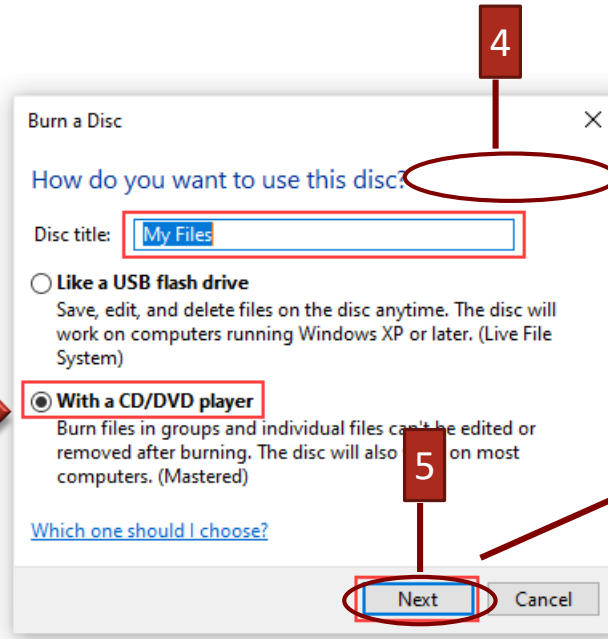
1



2

HOW TO BURN YOUR FINAL PDF TO CD (WINDOWS 10)

4. A burn disc wizard will appear on the screen; insert the disc title, then choose the option **With a CD/DVD player**;
5. Click **Next** then wait while the disc is prepared for use.
6. Then wait while the disc is prepared for use.
7. Open **File Explorer** and drag the pdf you want to burn;
8. Click the **Manage** tab and then **Eject**



OTHER USEFUL FUNCTIONS OF WORD



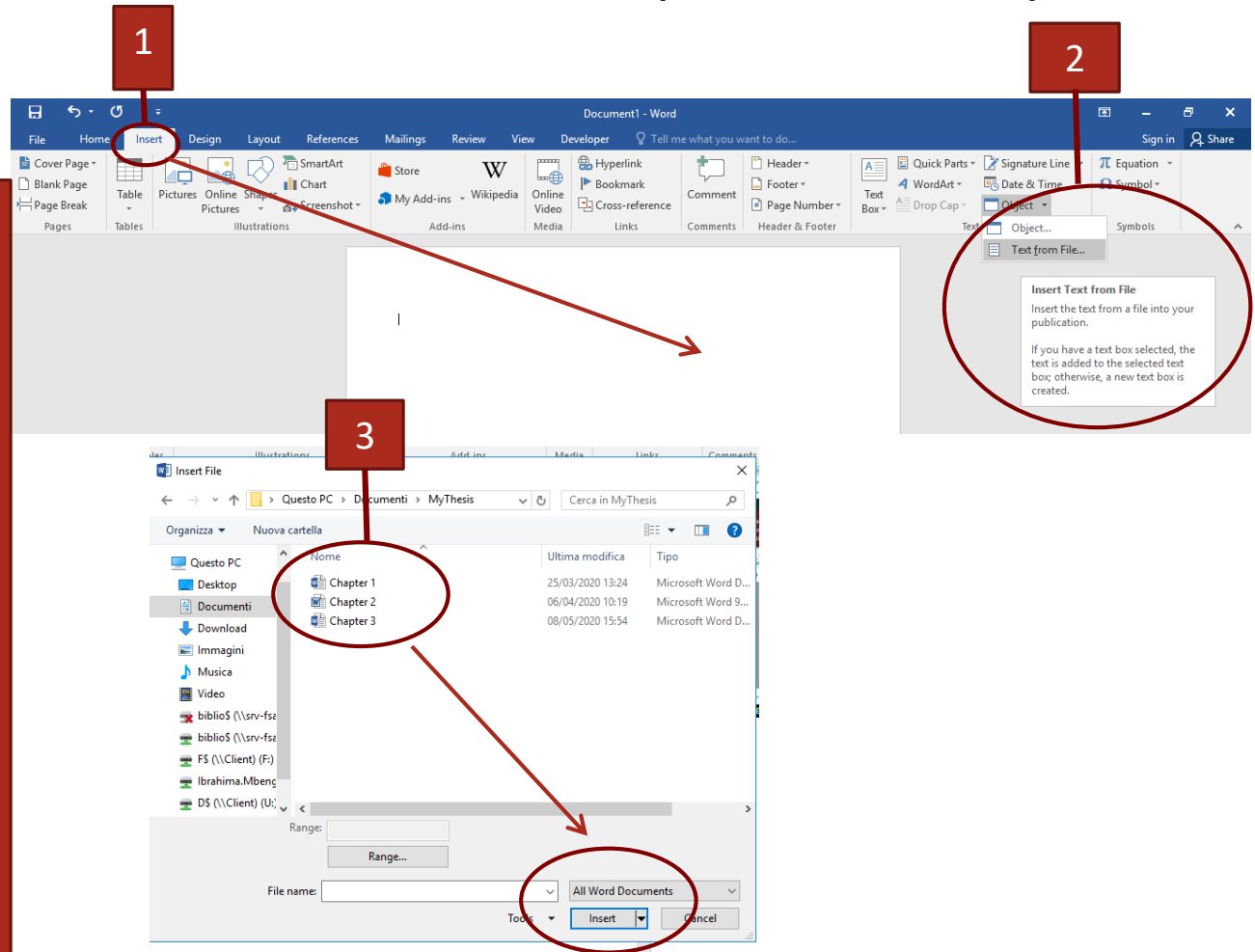
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- How to combine and merge multiple files into one (thesis chapters);
- How to insert and fix images in Word

OTHER USEFUL FUNCTIONS OF WORD

HOW TO COMBINE AND MERGE MULTIPLE FILES (THESIS CHAPTERS) INTO ONE

1. Create a new blank document and then configure the page layout settings (based on the Style Sheet) for the documents that are going to be merged.
2. Click on the drop-down to the right of the button 'Object' then on 'Text from file'
3. Select the files you want to merge and combine to one by holding the _CTRL_ (Windows_) or _CMD_ (Mac) key then Insert





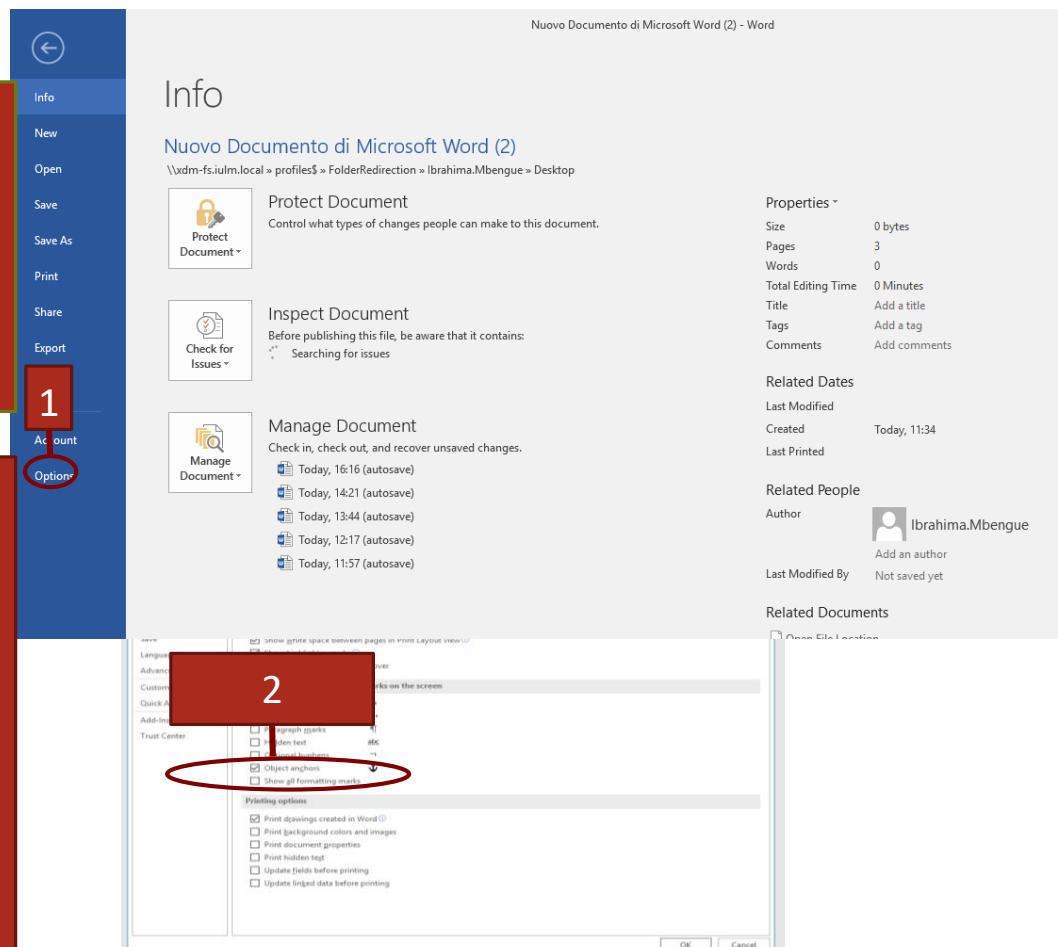
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OTHER USEFUL FUNCTIONS OF WORD

INSERT/FIX IMAGES (WORD 2007 AND LATER VERSIONS)

The **anchor** function in Word allows you to fix the exact images in the stylesheet, so that they remain in place even in case of change in your document.

1. Display the File tab of the ribbon and then click **Options**
2. Click **Display** at the left side of the dialog box, Select the **Object Anchors** check box and press **OK** (on Mac: **Preferences / Display / Object Anchors**)





OTHER USEFUL FUNCTIONS OF WORD

INSERT/FIX IMAGES (WORD 2007 AND LATER VERSIONS)

3. Clicking twice on the image Word displays **Format Picture dialog box** to change the image layout (**Top right position**)
4. Choose Size and Position option in the style sheet to enable Fixed position on page with several options (*moving the **image** in front of text and behind text, or flowing text around the **image** with a square wrap, tight wrap or top and bottom wrap*)

